

IDS-GLIS majors Advising Newsletter Jan. 22, 2021

***CAPS (Counseling and Psychiatric Services) Information for Spring Semester:**

CAPS Connect:

For the Spring 2021 semester CAPS Connect will start the week of 1.18.21. The CAPS website is being updated to reflect changes to CAPS Connect. The last week for CAPS Connect will be the week of 4.19.21. Please visit the website for updated information:

<https://caps.msu.edu/services/CAPSConnect.html>

Caps Connect College of Social Science: <https://www.signupgenius.com/go/8050d4ea4a822a5ff2-caps1>

CAPS Listening Spaces:

CAPS will be offering a variety of Listening Spaces in the Spring semester. Updated information regarding upcoming CAPS events, including Listening Spaces, can be found here:

<https://caps.msu.edu/events/>

This is a recent addition to our website and we hope students, faculty, and staff will find this to be a helpful way to stay updated about CAPS related events.

Attached, you will find a flyer for a Listening Space on 1.21.21 from 3:00-4:00 p.m. with Caitlin Riley, LMSW and Sarah DeYoung, LMSW. Here is information about this space: *We invite you to this confidential listening space to process reactions to the U.S. Presidential Inauguration on 1/20/21. This virtual space is open to MSU undergraduate and graduate students. We welcome students to share, listen, and connect during this stressful time. To signup for this listening space:*

<https://www.signupgenius.com/go/70a0b48a8ab2fa4ff2-post>

We anticipate offering two other Listening Spaces next week. On 1.21.21 from 2:00-3:00 p.m. Courtney Brown, LMSW and Jessica Oyoque-Barron, LMSW will be co-hosting and on 1.22.21 from 4:00-5:00 p.m. Dr. Anel Arias and Dr. Jimmy Bruce will be co-hosting a Listening Space. Please visit our events page for additional information.

CAPS Groups:

CAPS will continue to offer a robust groups counseling program. Updated information about the available groups as well as how to get connected to a group, can be found here:

<https://caps.msu.edu/services/groups/index.html>

Additionally, I have attached a pdf that shares group descriptions and facilitator information.

Counseling Services:

Students interested in accessing CAPS for mental health services can start the process by completing the form found here: https://msu.co1.qualtrics.com/jfe/form/SV_9GNsDVC3VH3wnr

Crisis Services:

Students needing crisis services can access the MSU CAPS crisis phone line by calling 517.355.8270, and selecting prompt 1. This service is available to MSU students 24/7/365.

Information about CAPS services and additional resources can be found on our website:

<https://caps.msu.edu/>



2021SpringGroupC
ounselingExternal H

***Scholarships from Student Affairs and Services**

MSU Student Affairs and Services has more than 20 scholarships available for undergraduate students. The deadline for most of these scholarships is March 8, 2021. For more information and to apply, visit the MSU Student Affairs and Services scholarship page: <http://studentaffairs.msu.edu/scholarships/>

If you have any questions, please contact Lisa Vanwelsenaers at vanwelse@msu.edu



Ad_Scholarship
2021-2021_IN7_PDF.

***Social Science College Scholarships**

This is a friendly reminder that the summer 2021 and 2021/22 academic-year College undergraduate scholarship applications are due **February 1, 2021**.

Note that the **Summer 2021 PURI** and the 2021/2022 academic year **Andrew Undergraduate Scholarship** are for mentored **research** with a faculty member.

Details and links to applications are here:

<https://socialscience.msu.edu/undergraduate/current-students/scholarships.html>

The scholarships are as follows. And there is much more information available on the website:

Provost's Undergraduate Research Initiative Summer 2021

Who qualifies: Undergraduates with a 2.0 GPA or better who are undertaking research on a faculty mentor's project.

How it can be used: Undergraduate research scholarship or hourly wage

Andrew Undergraduate Fellowship

Who qualifies: Social Science undergraduate with a minimum of 60 credits (junior or senior status) who have a faculty sponsor for a research project.

How it can be used: Research project costs and scholarship or hourly wage

Gordon and Norma Guyer Public Policy Internship Award

Who qualifies: Any MSU student of any major/year who is participating in a public policy internship.

How it can be used: Tuition

Leigh Ann and Christian Schultz Scholarship

Who qualifies: Any Social Science major, with preference to those who attended public schools in Flint, Saginaw, or Detroit, with additional preference given to any such student who is on active or reserve duty, or is a veteran, of any branch of the U.S. Armed Forces or National Guard.

How it can be used: Tuition

Charles Hayden Kelley Scholarships

Who qualifies: Freshman, sophomore, or junior Social Science students with financial need. Preference given to students from single parent households.

How it can be used: Tuition

Richard B. Gerisch Scholarship

Who qualifies: Social Science students majoring in Political Science or Interdisciplinary Studies, preparing for careers in public policy. Must be juniors in the spring semester of award year.

How it can be used: Tuition

George and Alice Goetz Scholarship

Who qualifies: Social Science major who is an active duty service member or Veteran of the US Armed Forces.

How it can be used: Tuition

Henderson Experiential Learning Award

Who qualifies: Veterans from all branches of the U.S. Armed Forces.

How it can be used: Tuition and expenses for experiential learning opportunities to students which include civic engagement and service learning, credit-bearing undergraduate research, study abroad, study away, and credit-bearing internships.

***Career Fairs for Spring Semester and other Career Events**

Exciting Career Fairs this spring that might be of interest to Social Science students. Each of these fairs are open to students of all majors and are focused on industry interests. I have attached graphics for some of these as well. Please encourage students to attend! They must register in Handshake for each Career Fair. Once they register, they will then need to sign up for **individual** (10 minutes, 1-on-1) or **group** (30 minute) **sessions** with each employer they are interested in speaking to. Let me know if you have any questions!

- [Diversity Career Fair](#) – January 26, 4-7pm
- [Environment, Energy, Natural Resources, and Sustainability](#) – February 16, 3-6pm
- [Criminal Justice](#) – February 18, 4-7pm
- Spring Career Days: [Accounting, Finance, and Supply Chain](#) – February 22, 4-7:30pm
- Spring Career Days: [IT, Computing, Technology, and GIS](#) – February 23, 4-7:30pm
- Spring Career Days: [Marketing, Sales, Advertising, Media & Professional Communications](#) – February 24, 4-7:30pm
- Spring Career Days: [Human Services, Human Resources & Management](#) – February 25, 4-7:30pm
ß Specifically geared towards social science students!!

Students can schedule appointments with us through their Handshake account at msu.joinhandshake.com.



CSN Spring 2021
programs.pdf

Career Services Network will be hosting several virtual Drop-In Advising events to help with resume reviews for career fairs and the job search, as well as overall preparation for our upcoming career fairs! If you know of any students who are looking for career fair prep and/or a fast resume review, we have advisors ready to help them for virtual drop-ins on these dates:

Thursday, February 18th 5pm-7pm EDT

Tuesday, April 6th 5pm-7pm EDT



Spring 21 Drop-In
Advising.pdf

***Collaborative Learning Center Workshops**

High Impact Study Techniques: Spaced Study and Retrieval Practice

Learn some simple, scientifically proven techniques that promote superior recall both on exams and in future classes in less time than “massed” study sessions (cramming).

January 28th 2:30p – 3:30p

High Impact Study Techniques 2: Brain Building

Learn more powerful tools, (building on part 1): elaboration, dual coding, and concrete examples along with some equally effective graphical and analytical strategies can improve your understanding and recall of high priority course concepts.

January 28th 4:00p – 5:00p

Students can sign up for these and any of our other workshops at www.tinyurl.com/CLCwksp

***Taking a Gap Year: What to Consider, and Where to Look**

Considering a gap year? Join us as we highlight gap year opportunities and discuss how participating in a gap year can impact your future employment and grad school prospects.

- Thursday, Jan. 28 | 4:00-4:30pm EST
- https://msu.joinhandshake.com/events/635162/share_preview (register for zoom info)



Taking A Gap
Year.pdf

*** UURAF Registration**

Registration is open for the **23rd Annual University Undergraduate Research and Arts Forum (UURAF)**. UURAF is an opportunity for students to showcase their research and creative scholarship to the university and local community. Students present their work to faculty judges in an oral, poster, or performance presentation.

Students need to register by **Thursday, February 11, 2021** at 11:59 PM. Registration and other detailed information can be found here: <https://www.urca.msu.edu/uuraf/reg>.

Please encourage faculty to have their undergraduate students participate in the forum. The opportunities for student participation are very broad. Although last year's event was canceled due to COVID-19 restrictions, 997 students registered to participate in the event.

UURAF 2021 will be an asynchronous, virtual event on **Thursday, April 15 to Monday, April 19**. We are finalizing details for the event location and will follow up with a link to the event later.

For additional information, contact Heather Dover, Coordinator for Undergraduate Research, at doverhea@msu.edu or 884-1558.

We look forward to seeing you online at UURAF!

Korine Wawrzynski

***Social Science Dean's Diversity and Inclusion Excellence Awards for Faculty and Undergraduate Students Applications Due Jan. 29.**

<https://socialscience.msu.edu/diversity/excellence-awards.html>

***Hiring Students for positions on campus**

The **Resident Assistant (RA)** Recruitment Process for the academic year 21-22 will begin next week! The application will open on January 11th and close on February 5th. Interested students should visit <https://liveon.msu.edu/residentassistant> for more information about the position and selection timeline. There will be some virtual interest sessions that students may attend to learn more about the position and the selection process. Please share widely with students that might be interested in this student leadership experience!

MSU Tours is recruiting up to 70 **Tour Guides** in our annual selection process. The application is open now and closes January 31. Interested students should visit <https://rhs-msu.peopleadmin.com/postings/11453> to apply. The position is cross-posted in Handshake. Application review and interviews will be offered on a rolling basis as materials are received and rookie tour guides will begin working spring 21 following robust training. Students with questions can email tours@msu.edu for more information. Please share widely with folks interested in representing the university while growing their leadership and speaking skills!

***OCAT (Office of Cultural and Academic Transitions)**

We are excited to announce that OCAT will be holding daily office hours beginning today (1/19/2021). The OCAT team wants to make ourselves as available as we can to our awesome students. We miss the interaction of students coming into our office. So feel free to spread the word. We welcome faculty/staff/graduate students, etc. that also want to interact with us! We miss you all too 😊.

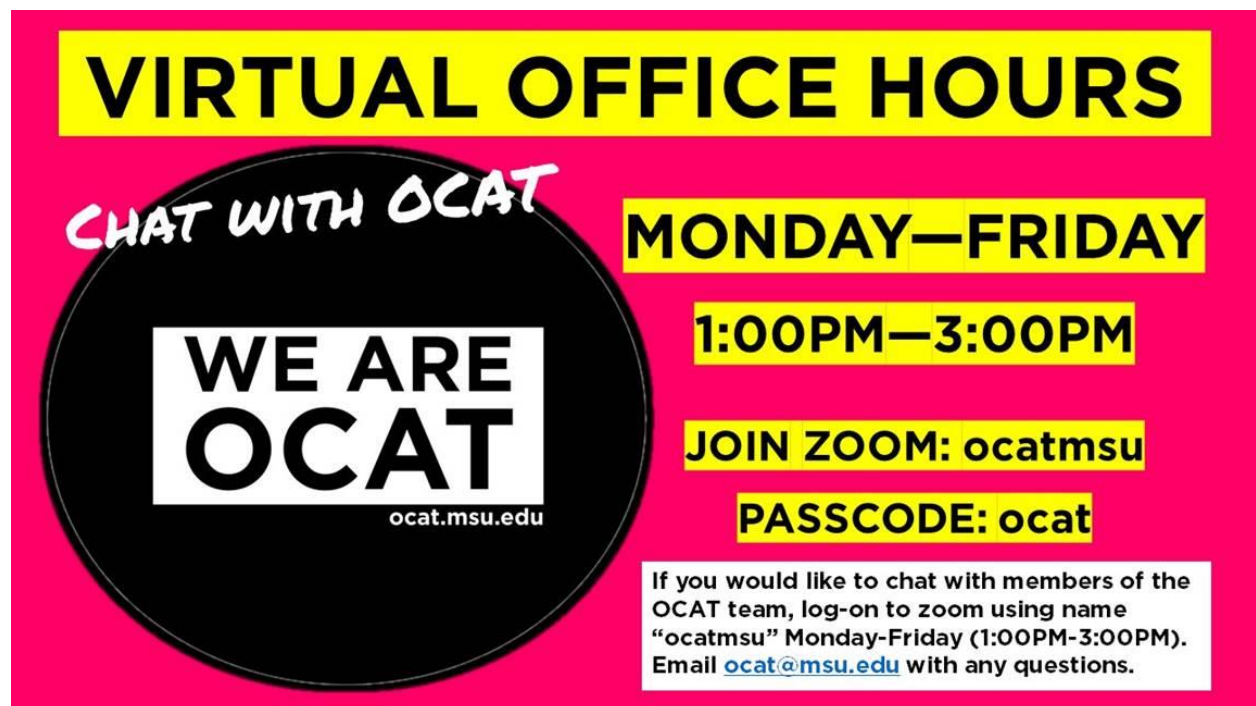
Although, we have been available for students through various virtual formats throughout the remote working/learning environment, we hope this consistency of daily office hours at this time will be even more useful to those trying to reach out to us.

We need your help in spreading the word.

OCAT Virtual Office Hours:

Monday-Friday (1:00PM-3:00PM)

Email ocat@msu.edu with any questions.



VIRTUAL OFFICE HOURS

CHAT WITH OCAT

WE ARE OCAT
ocat.msu.edu

MONDAY—FRIDAY

1:00PM—3:00PM

JOIN ZOOM: ocatmsu

PASSCODE: ocat

If you would like to chat with members of the OCAT team, log-on to zoom using name “ocatmsu” Monday-Friday (1:00PM-3:00PM). Email ocat@msu.edu with any questions.



MSU DIALOGUES

Building Inclusive Communities

Spring 2021 Registration is officially open!

Dear MSU Community,

Are you passionate about creating positive change in your community? Do you want to connect and create a community with other passionate MSU community members? Do you have the drive to learn strategies for engaging in dialogue, rather than debate? If you said “yes!” to any (or all!) of these questions ... [MSU Dialogues is the program for you!](#)

Please share this information with anyone you think might be interested!

What is MSU Dialogues?

MSU Dialogues is a 9-week intergroup dialogue experience for MSU students, faculty, and staff offered through the Office for Inclusion and Intercultural Initiatives. The program is offered as part of MSU’s greater effort to support students, faculty, and staff in creating more inclusive and equitable learning environments. Based on your availability, you will be placed in a group with whom you will meet each week. Throughout the semester, you will engage in dialogue with people from a wide range of identities and backgrounds, learn about historical and present-day social injustice, and collectively explore ways of working toward greater equity and inclusion. [Learn more about MSU Dialogues from facilitator and graduate program intern, Briana Bohannon.](#)

MSU Dialogues offers you the opportunity to:

- **Build relationships** across differences of race, gender, ethnicity, ability, class, nationality, and additional identities
- **Learn** about your own identities
- **Create positive change** in your community and beyond
- **Develop life-long leadership skills**
- **Faculty and staff: Strengthen your capacity to create inclusive, equitable learning environments** inside and outside of the classroom
- **Join the community** of 475+ students, faculty, and staff who have participated in the program since its inception 2.5 years ago

Program Details:

- All dialogues, students, and faculty/staff/administrators will meet ONLINE via Zoom.

- **Students:** Dialogues will meet for 1.5 hours each week and are offered at a variety of times throughout the week, so there is likely a time that fits in your schedule! Undergraduate and graduate students have the option to choose between participating in a dialogue focused on race or religion. We will hold one race dialogue specifically for graduate students. Additionally, we will hold Dialogues 2.0 this semester, an opportunity for students who have already participated in dialogues (race, religion, or gender) to take their engagement a step further. Please see the [application](#) for more details on Dialogues 2.0.
- **Faculty/staff/administrators:** Dialogues meet for 2 hours each week and are offered at a variety of times. All faculty/staff dialogues will focus on race. Please note, dialogue participation requires active engagement throughout the semester. In preparation for each meeting, you are strongly encouraged to engage with your “homework” (i.e. 1-2 assigned articles, working through a short activity, journaling, etc.). Additionally, you should come to each meeting ready to dive into an intentional dialogue which includes both actively sharing about your own experiences, as well as listening deeply to the experiences of your cohort mates. Please see the [application](#) for more details. *The faculty/staff dialogues are made possible through a partnership with the HUB for Innovation in Learning and Technology.*

Please see the applications below for the exact start dates for each dialogue.

Sign Up:

- **Students:** Sign up today - [MSU Dialogues student application](#)
- **Faculty/Staff:** Sign up today - [MSU Dialogues faculty/staff application](#)

What are past participants saying about MSU Dialogues?

“This was an incredible experience! Watching others and myself evolve in our thinking and treatment of one another is life-changing. There were so many concrete skills and resources that I use when talking about race -- I wish everyone had access to these.” -Past student participant

“MSU Dialogues is a great way to connect with faculty/staff that you would not interact with on a day-to-day basis. We engaged in critical discourse and were willing to learn with and from one another even when dialogue was challenging. The dialogue space provided us with the opportunity to constantly reflect on how to incorporate DEI into our pedagogy and work and held us accountable to following up on that implementation. This is an experience that all faculty/staff should be required and encouraged to participate in.” -Past faculty/staff participant

“It was very educational and relevant now more than ever. The facilitators made it a very open environment, so there's no shame in making mistakes as long as you are open-minded enough to learn. Everyone was very thoughtful during the discussions, and it's a good place for self-reflection.” -Past student participant

“At this time in my career of 43 years as a nurse, I have worked with many patients, their families, and communities. They came from different backgrounds, races, ethnicities, and identities. I am fairly open-minded and felt comfortable before taking this Dialogue series. What I found is I still could learn more and as a result, I grew as a person in many areas in my life. I am thankful to have been chosen to be in the Dialogues and will build upon it as time goes by.” - Past faculty/staff participant

When asked to describe MSU Dialogues in one word, past participants described the program as **“inspiring”**, **“powerful”**, **“eye-opening”**, **“transformative”**, **“challenging”**, and **“refreshing”**.

Get more information on the program.

Please do not hesitate to reach out to dialogue@msu.edu or heymannj@msu.edu if you have any questions!

*

Building Community



Across Our Differences

Every **M, Tu & W** @ 8 - 9 pm

Make new friends, discuss current social issues of our time, and have fun! Join us for a Round Table Discussion (RTD).

Learn more: mosaic.msu.edu | Sign Up: bit.ly/3oMDawd